

# 5 Reasons to Download the **mamava**® App

The free Mamava app helps you find 10K+ lactation spaces to pump or nurse on the go—including our pods, rooms equipped with our VaRoom smart lock, and user-submitted lactation spaces vetted by our team. It's your key to unlocking Mamava accommodations and accessing a network of community.

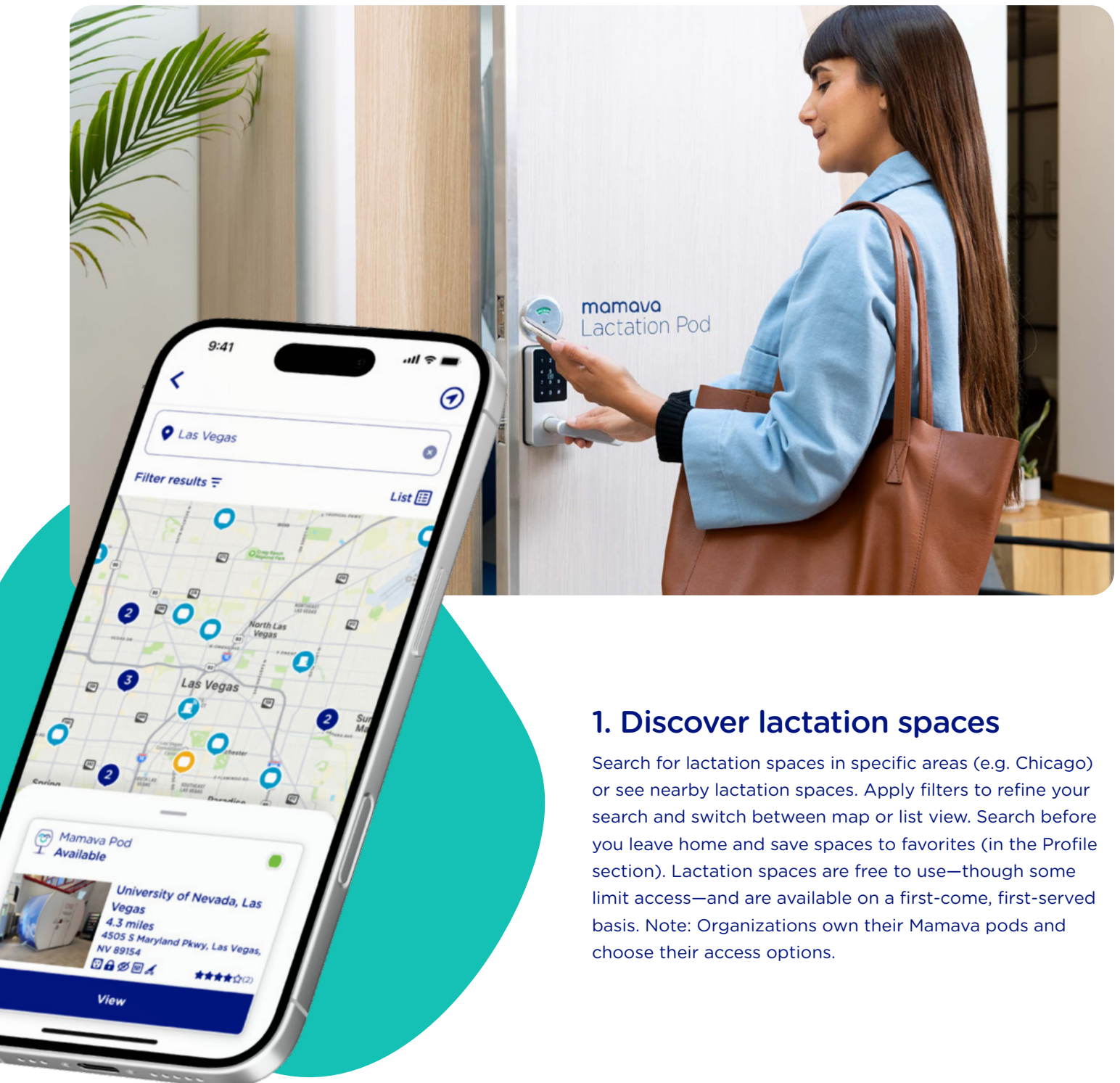


Download on the  
App Store

GET IT ON  
Google Play

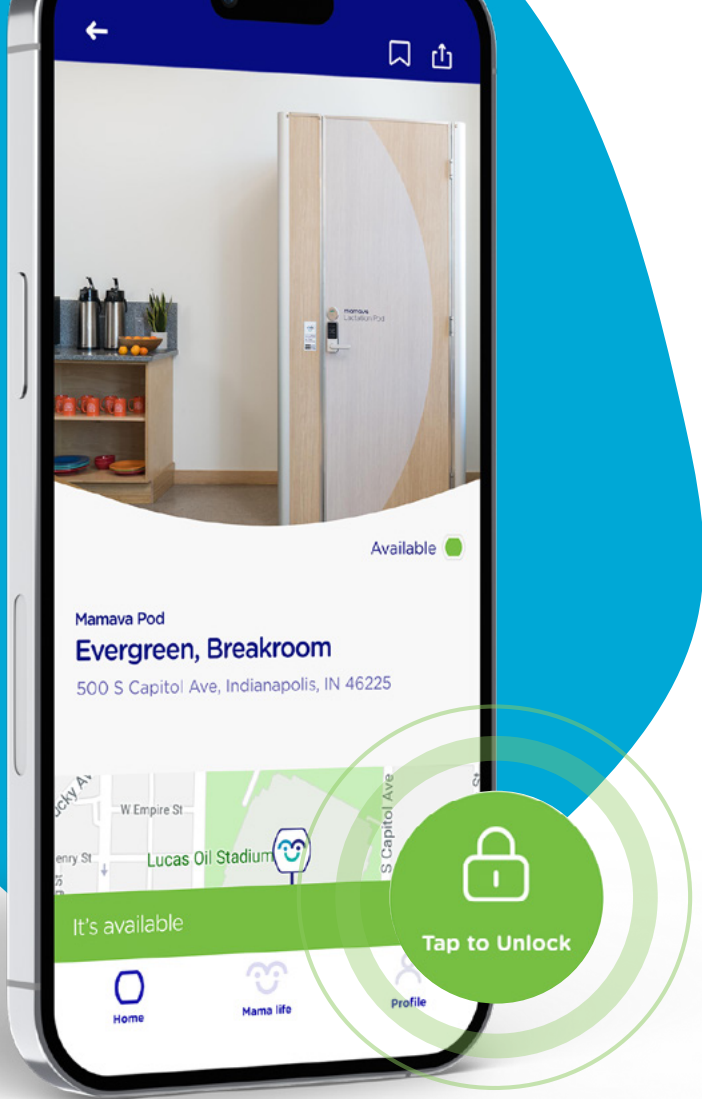
1. Download the free Mamava app
2. Create an account
3. Enable Bluetooth + location  
(for search and unlock features)

Mamava never sells or shares your personal data. We only use your location to help you find and unlock spaces.



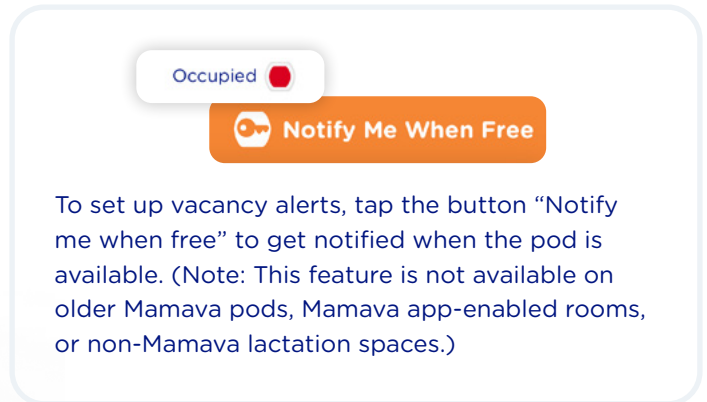
## 1. Discover lactation spaces

Search for lactation spaces in specific areas (e.g. Chicago) or see nearby lactation spaces. Apply filters to refine your search and switch between map or list view. Search before you leave home and save spaces to favorites (in the Profile section). Lactation spaces are free to use—though some limit access—and are available on a first-come, first-served basis. Note: Organizations own their Mamava pods and choose their access options.



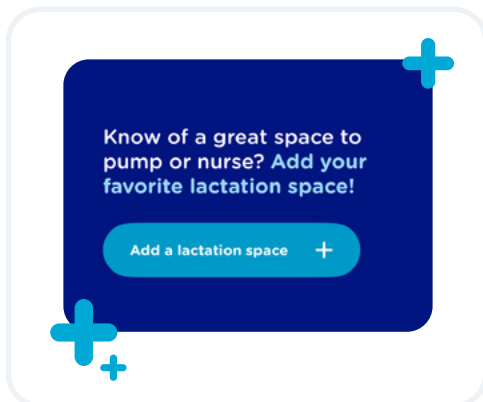
## 2. Unlock Mamava pods + rooms with Mamava VaRoom locks

Tap the photo to see details, directions, and reviews. For some pod models, the app will show availability and indicate how long it's been occupied. If the space is available, tap the green "Unlock" banner on the screen. If the app doesn't unlock the space, you'll receive a temporary passcode for easy access.



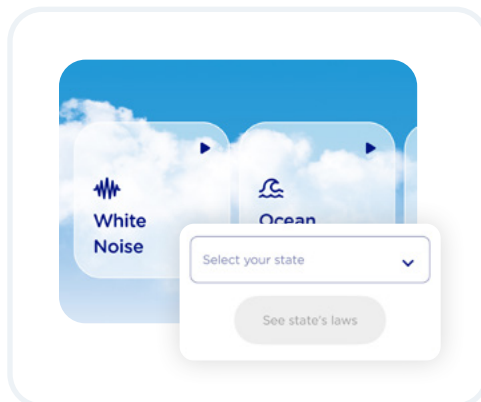
## 3. Add new lactation spaces

Crowdsourcing lactation spaces creates a robust network for breastfeeding parents. Add a new lactation space directly from the home screen—include location details, identify available features, and add photos. Thanks to users like you, there are over 10,000 spaces on the app!



## 4. Browse helpful content

The "Toolkit" section includes Sounds for Letdown (white noise, ocean waves, etc.), info on lactation laws, and a resource library with links to breastfeeding articles.



## 5. Read encouraging notes

The home screen features "Words of Support," an interactive live feed of encouraging notes from breastfeeding parents. Like, comment, or add your own by tapping "Leave a note!"

